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Ethnic Variations in Dying, Death and Grief Diversity in Universality

Taylor & Francis This volume is directed towards professionals who work in the fields concerning death and dying. These professionals must perceive the needs of people with cultural patterns which are different from the "standard and dominant" patterns in the United States and Canada. Accordingly, the book includes illustrative episodes and in-depth presentations of selected "ethnic patterns".; Each of the "ethnic chapters" is written by an author who shares

the cultural traditions the chapter describes. Other chapters examine multicultural issues and provide the means for personal reflection on death and dying. There are also two bibliographic sections, one general and one geared towards children. The text is divided into three sections - Cross-Cultural and Personal perspectives, Dying, Death, and Grief Among Selected Ethnic Communities, and Reflections and Conclusions.; The book is aimed at those in the fields of clinical psychology, grief therapy, sociology, nursing, social and health care work.

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Dying, Death and Grief

Working with Adult Bereavement

SAGE "This book's strengths are [Brenda Mallon's] clinical wisdom, experience and insights, and the practical, constructive, down-to-earth way in which she conveys these to her readers. This will appeal to many who are searching for guidance in the difficult task of providing support for the bereaved" - Bereavement Care, Spring 2010 'This is a well written book that makes a very useful addition to the field" - Therapy Today, February 2009 'A refreshing, down-to-

earth text that examines theory and research without becoming an academic tome. It is comprehensive, focused on practice and contains important insights for developing the essential skills required to provide effective bereavement care' - Dr John Costello, Head of Primary Care, University of Manchester 'Brenda Mallon gives the term "grief counselling" definition in a way no one has done before. If you are new to counselling the bereaved, this book is the best introduction I have seen. If you are an experienced grief counsellor, this should be the next book you read' - Professor Dennis Klass, Webster University, *Dying, Death and Grief* is written for anyone who provides support to adults following bereavement. Whether in a professional or voluntary capacity, bereavement care requires empathy, judgement and skill to ensure your response matches the needs of the person you are helping. Recognizing that we all experience bereavement differently, this book introduces theory and skills which can be used in any context to address a wide range of needs. The author explains the theoretical background to attachment and loss and the core skills needed to support people who have been bereaved. Case studies and personal accounts illustrate key points and exercises help you examine your own experiences and attitudes in relation to loss. The book also takes into account topics frequently overlooked in other texts, such as sexuality, spiritual responses to loss, cultural influences and diversity, as well as the nature of chronic and disenfranchised grief. *Dying, Death and Grief* is designed for use on a wide range of training and academic courses that prepare practitioners to work with the bereaved. Professionals in a range of settings including hospitals and in the community as well as volunteers and be-frienders in hospices and nursing homes will find this a useful source of guidance. Brenda Mallon is a counsellor, trainer and author who specialises in bereavement care. She is vice chair of The Grief Centre, Manchester Area Bereavement Forum.

Living With Grief

Who We Are How We Grieve

Routledge Produced as a companion to the Hospice Foundation of America's fifth annual National Bereavement Teleconference, this volume examines how key aspects of identity affect how individuals grieve. Variables explored include culture, spirituality, age and development level, class and gender.

Aging and Diversity

An Active Learning Experience

Taylor & Francis This new edition has been completely rewritten and includes chapters that address key topics in diversity and aging: research methods, psychological aging; health beliefs, behaviors, and services; health disparities; informal and formal care for older persons; work and retirement; religious affiliation and spirituality; and death, dying, and bereavement. Taking a broad view of diversity, Mehrotra and Wagner discuss elements of diversity such as gender, race or ethnicity, religious affiliation, social class, rural-urban community location and sexual orientation. Including these elements allows them to convey some of the rich complexities of our diverse culture - complexities that provide both challenges to meet the needs of diverse population and opportunities to learn how to live in a pluralistic society. Throughout the book, Mehrotra and Wagner present up-to-date knowledge and scholarship in a way that engages readers in active learning. Rather than simply transmitting information, the authors place ongoing emphasis on developing readers' knowledge and skills; fostering higher order thinking and encouraging exploration of personal values and attitudes. Distinctive features of the book include: Opening vignettes for each chapter that present a sampling of how the issues to be discussed apply to diverse elders. Active learning experiences that invite readers to interview diverse elders, conduct internet searches, and give an analysis of a case study. Quizzes at the end of the chapters help readers ascertain the extent to which they have learned the material; the key for each quiz includes details about correct and incorrect responses so that additional learning can occur. Aging and Diversity Online boxes interspersed throughout the book provide internet resources that readers may use to find new research and publications. Suggested readings and audiovisual resources given at the end of each chapter serve as a guide to additional information on topics covered in the chapter. This approach of presenting the material will help the readers understand and apply key concepts and principles in ways that will not only improve the lives of older people they serve, but will also enhance their own aging experience.

The Unknown Country: Death in Australia, Britain and the USA

Springer In a strategy deliberately counter to many earlier texts which focus on social aspects of death and dying this book will not examine death through the social prism of US or British culture alone. Drawing only on material from a single society gives readers the misleading impression of a universal experience. As a text in the sociology of death and dying this volume examines culture-specific images and experiences of death in three major western societies - Australia, Britain and the USA.

Death & Dying, Life & Living

Cengage Learning Practical and inspiring, **DEATH & DYING, LIFE & LIVING, 8th Edition** helps students learn how to navigate encounters with death, dying, and bereavement. The authors integrate classical and contemporary material, present task-based approaches for individual and family coping, and include four chapters devoted to death-related issues faced by children, adolescents, young and middle-aged adults, and older adults. They also discuss a variety of cultural and religious perspectives that affect people's understanding and practices associated with such encounters. Practical guidelines for constructive communication encourage productive living in the face of death. You can use this book as a primary textbook for undergraduate and graduate courses in death, dying, and bereavement; as a supplementary text in related courses; or as a general resource. **Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.**

Cultural Changes in Attitudes Toward Death, Dying, and

Bereavement

Springer Publishing Company By comparing the findings from Kalish's and Reynolds's landmark 1970's *Death and Ethnicity Study* to their own present study, Hayslip and Peveto examine the impact of cultural change on death attitudes. With a focus on African-American, Asian-American, and Hispanic-American subpopulations, with Caucasians treated as a comparison group, the authors come to several conclusions, including: the shift toward more interest in being informed of one's own terminal prognosis a more personal approach to funerals and mourning observances a greater focus on family and relationships

Dealing with Dying, Death, and Grief during Adolescence

Routledge For some, life's introduction to death and grief comes early, and when it does it can take many forms. Not only does *Dealing with Dying, Death, and Grief during Adolescence* tackle them all, it does so with David Balk's remarkable sensitivity to and deep knowledge of the pressures and opportunities adolescents face in their transition from childhood to adulthood. In seamless, jargon-free language, Balk brings readers up to date with what we know about adolescent development, because over time such changes form the backstory we need to comprehend the impact of death and bereavement in an adolescent's life. The book's later chapters break down the recent findings in the study of life-threatening illness and bereavement during adolescence. And, crucially, these chapters also examine interventions that assist adolescents coping with these difficulties. Clinicians will come away from this book with both a grounded understanding of adolescent development and the adolescent experience of death, and they'll also gain specific tools for helping adolescents cope with death and grief on their own terms. For any clinician committed to supporting adolescents facing some of life's most difficult experiences, this integrated, up-to-date, and deeply insightful text is simply the book to have. David E. Balk is professor in the department of health and nutrition sciences at Brooklyn College (CUNY), where he directs the graduate program in thanatology. He is the author of *Adolescent Development: Early Through Late Adolescence*, *Helping the Bereaved College Student*, and several other books on death and bereavement. He is also co-editor of the 2nd edition of the *Handbook of Thanatology* (Routledge, 2013).

Handbook of Death and Dying

SAGE Review: "More than 100 scholars contributed to this carefully researched, well-organized, informative, and multi-disciplinary source on death studies. Volume 1, "The Presence of Death," examines the cultural, historical, and societal frameworks of death, such as the universal fear of death, spirituality and various religions, the legal definition of death, suicide, and capital punishment. Volume 2, "The Response to Death," covers such topics as rites and ceremonies, grief and bereavement, and legal matters after death."--"The Top 20 Reference Titles of the Year," American Libraries, May 2004.

Death and Bereavement around the World

Major Religious Traditions: Volume 1

Routledge The make-up of the contemporary nation-state is increasingly multiethnic and statistics show that in many cases no one group is numerically the largest. Interethnic relations are given global visibility by the media while much that happens among different groups depends on context. Editors John D. Morgan (King's College, London) and Pittu Laungani (South Bank and Manchester Universities, England) have gathered leading international authorities to produce *Death and Bereavement Around the World* the first of a five-volume presentation and analysis of the ways different peoples experience dying and grief. Effective bereavement care requires a knowledge of an individual's physical, social, educational, and spiritual existence since the expressions of grief and the needs that emerge vary widely from one to another and are subject to past experiences, cultural expectations, personal beliefs, and relationships. An individual's identity comes from a sense of personal uniqueness; solidarity with group ideals; continuity with the past, present and future; and from the culture by which an individual is raised or adopted. This first volume discusses the major religious traditions of the world and how they help followers deal with the fundamentals of life.

Transforming Palliative Care in Nursing Homes

The Social Work Role

Columbia University Press This volume outlines the belief that nursing homes can and should support the physical, psychological, and social needs of residents, and that residents can thrive in nursing homes when these needs are met. The book's contributors explore the role that palliative or comfort care plays in enhancing the quality of life of nursing home residents as well as the medical, familial, psychological, cultural, and financial issues that influence decision-making about end-of-life care. The book is designed to be a tool to prepare social workers to advocate for a greater incorporation of palliative care and psychosocial care into the culture of nursing home care. The book includes discussions of the psychosocial needs of nursing home residents and families, the financing of long-term care and end-of-life care, ethical issues in chronic care and end of life, trends and characteristics in nursing home care, rituals and grief at end-of-life, and considerations for the future. Each chapter includes case examples to further illustrate points made.

Existential and Spiritual Issues in Death Attitudes

Psychology Press In this new volume, death is treated both as a threat to meaning and as an opportunity to create meaning.

Handbook of Adolescent Death and Bereavement

Springer Publishing Company In this comprehensive handbook, Charles Corr and David Balk improve our understanding of the challenges faced by adolescents when coping with death, dying, and bereavement. The volume is organized into three parts. Part I addresses specific issues involved in confrontations with death. Part II focuses on the role of bereavement. Part III explains specific therapeutic interventions for caregivers. The authors introduce us to adolescence as a special time in the human life cycle, a period quite separate from childhood and adulthood. They establish normative adolescents, and explain developmental tasks that are typical of early, middle, and late

adolescence.

Health Education

A Cognitive-behavioral Approach

Jones & Bartlett Learning For students of health education, this volume advocates a combined cognitive-behavioral approach which aims to identify unhealthy behaviors and their cognitive support and then design and implement learning experiences that will help effect change. Annotation copyrighted by Book News, Inc., Portland, OR

Death, Gender and Ethnicity

Routledge *Death, Gender and Ethnicity* examines the ways in which gender and ethnicity shape the experiences of dying and bereavement, taking as its focus the diversity of ways through which the universal event of death is encountered. It brings together accounts of how these experiences are actually managed with analyses of a range of representations of dying and grieving in order to provide a more theoretical approach to the relationship between death, gender and ethnicity. Though death and dying have been an increasingly important focus for academics and clinicians over the last thirty years, much of this work provides little insight into the impact of gender and ethnicity on the experience. The result is often a universalising representation which fails to take account of the personally unique and culturally specific experiences associated with a death. Drawing on a range of detailed case studies, *Death, Gender and Ethnicity* develops a more sensitive theoretical approach which will be invaluable reading for students and practitioners in health studies, sociology, social work and medical anthropology.

Responding to Grief

Dying, Bereavement and Social Care

Bloomsbury Publishing This book argues that dying and bereavement are issues for all social care practitioners, illustrating the wide variety of ways in which they are involved. Examples are taken from mainstream as well as specialist settings. Early chapters focus upon the relevance of theoretical understandings and the perspectives of dying and bereaved people themselves. There is detailed consideration of practitioners' accounts of their responses to people who are grieving. Conclusions relate to issues of training and support, and implications for practice.

Encyclopedia of Death and Dying

Routledge In recent years there has been a massive upsurge in academic, professional and lay interest in mortality. This is reflected in academic and professional literature, in the popular media and in the proliferation of professional roles and training courses associated with aspects of death and dying. Until now the majority of reference material on death and dying has been designed for particular disciplinary audiences and has addressed only specific academic or professional concerns. There has been an urgent need for an authoritative but accessible reference work reflecting the multidisciplinary nature of the field. This Encyclopedia answers that need. The Encyclopedia of Death and Dying consolidates and contextualizes the disparate research that has been carried out to date. The phenomena of death and dying and its related concepts are explored and explained in depth, from the approaches of varied disciplines and related professions in the arts, social sciences, humanities, medicine and the sciences. In addition to scholars and students in the field-from anthropologists and sociologists to art and social historians - the Encyclopedia will be of interest to other professionals and practitioners whose work brings them into contact with dying, dead and bereaved people. It will be welcomed as the definitive death and dying reference source, and an essential tool for teaching, research and independent study.

Death and Bereavement Across Cultures

Routledge All societies have their own customs and beliefs surrounding death. In the West, traditional ways of mourning are disappearing, and though science has had a major impact on views of death, it has taught us little about

the way to die or to grieve. Many who come into contact with the dying and the bereaved from other cultures are at a loss to know how to offer appropriate and sensitive support. **Death and Bereavement Across Cultures**, provides a handbook with which to meet the needs of doctors, nurses, social workers, counsellors and others involved in the care of the dying and bereaved. Written by international authorities in the field, this important text: * describes the rituals and beliefs of major world religions * explains their psychological and historical context * shows how customs change on contact with the West * considers the implications for the future This book explores the richness of mourning traditions around the world with the aim of increasing the understanding which we all bring to the issue of death.

African American Grief

Routledge African American Grief is a unique contribution to the field, both as a professional resource for counselors, therapists, social workers, clergy, and nurses, and as a reference volume for thanatologists, academics, and researchers. The classic edition includes a new preface from the authors reflecting on their work and on the changes in society and the field since the book's initial publication. This work considers the potential effects of slavery, racism, and white ignorance and oppression on the African American experience and conception of death and grief in America. Based on interviews with 26 African Americans who have faced the death of a significant person in their lives, the authors document, describe, and analyze key phenomena of the unique African American experience of grief. The book combines moving narratives from the interviewees with sound research, analysis, and theoretical discussion of important issues in thanatology, as well as topics such as the influence of the African American church, gospel music, family grief, medical racism as a cause of death, and discrimination during life and after death.

Loss, Change And Bereavement In Palliative Care

McGraw-Hill Education (UK) This text brings together contemporary thinking on loss and bereavement. It draws on international research, practice and individual stories from people struggling to understand the meaning of loss including work with bereaved children, parents, families and adults.

Continuing Bonds

New Understandings of Grief

Taylor & Francis First published in 1996. This new book gives voice to an emerging consensus among bereavement scholars that our understanding of the grief process needs to be expanded. The dominant 20th century model holds that the function of grief and mourning is to cut bonds with the deceased, thereby freeing the survivor to reinvest in new relationships in the present. Pathological grief has been defined in terms of holding on to the deceased. Close examination reveals that this model is based more on the cultural values of modernity than on any substantial data of what people actually do. Presenting data from several populations, 22 authors - among the most respected in their fields - demonstrate that the health resolution of grief enables one to maintain a continuing bond with the deceased. Despite cultural disapproval and lack of validation by professionals, survivors find places for the dead in their on-going lives and even in their communities. Such bonds are not denial: the deceased can provide resources for enriched functioning in the present. Chapters examine widows and widowers, bereaved children, parents and siblings, and a population previously excluded from bereavement research: adoptees and their birth parents. Bereavement in Japanese culture is also discussed, as are meanings and implications of this new model of grief. Opening new areas of research and scholarly dialogue, this work provides the basis for significant developments in clinical practice in the field.

Handbook of Gender, Culture, and Health

Psychology Press This Handbook illustrates how gender, ethnicity, age, and even sexual orientation and understanding influence the health practices and risk factors for health problems in diverse groups of people. Contributions from leading researchers in psychology, health, and epidemiology provide an interdisciplinary approach to the topic. In addition to epidemiological issues, this book discusses the view that public health policy and programs must be individually tailored to specific groups to maximize their effectiveness. Part I deals with the effects of stress on the health of diverse populations. Part II of the book raises the issues of varied health risk factors and health practices for

different cultural and socioeconomic groups. Part III examines specific health problems and issues common to women and men of varying ethnicity. The last section deals with the health problems of specific populations. Featuring the latest information for understanding how diverse groups of people perceive and respond to issues relating to their health, this Handbook should prove to be a valuable resource to a wide range of practitioners and researchers in psychology, medicine, psychiatry, sociology, social work, nursing, exercise science, and counseling.

When Parents Die

Learning to Live with the Loss of a Parent

Routledge The death of a parent marks an emotional and psychological watershed in a person's life. For children and teenagers, the loss of a parent if not handled sensitively can be a lasting trauma, and for adults too, a parent's death can be a tremendous blow. *When Parents Die* speaks to bereaved children of all ages. Rebecca Abrams draws on her personal and professional understandings of parental loss, as well as the experiences of many other adults, teenagers and children, to provide the reader with an honest, compassionate and insightful exploration of the experience of losing a parent. The book covers the entire course of grieving, from the immediate aftermath of a parent's death through to the point of recovery, paying particular attention to the many circumstances that can prolong and complicate mourning, including sudden death. An indispensable aid to the bereaved and the many professionals who work with them, this book is written in a clear and sympathetic style. It has been fully revised for this third edition to take recent research into account.

Grief After Suicide

Understanding the Consequences and Caring for the

Survivors

Routledge here are over 38,000 suicide deaths each year in the United States alone, and the numbers in other countries suggest that suicide is a major public health problem around the world. A suicide leaves behind more victims than just the individual, as family, friends, co-workers, and the community can be impacted in many different and unique ways following a suicide. And yet there are very few professional resources that provide the necessary background, research, and tools to effectively work with the survivors of a suicide. This edited volume addresses the need for an up-to-date, professionally-oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. It is geared towards mental health professionals, grief counselors, clergy, and others who work with survivors in a professional capacity. Topics covered include the impact of suicide on survivors, interventions to provide bereavement care for survivors, examples of promising support programs for survivors, and developing a research, clinical, and programmatic agenda for survivors over the next 5 years and beyond.

The Veiled Garvey

The Life and Times of Amy Jacques Garvey

Univ of North Carolina Press In this biography, Ula Taylor explores the life and ideas of one of the most important, if largely unsung, Pan-African freedom fighters of the twentieth century: Amy Jacques Garvey (1895-1973). Born in Jamaica, Amy Jacques moved in 1917 to Harlem, where she became involved in the Universal Negro Improvement Association (UNIA), the largest Pan-African organization of its time. She served as the private secretary of UNIA leader Marcus Garvey; in 1922, they married. Soon after, she began to give speeches and to publish editorials urging black women to participate in the Pan-African movement and addressing issues that affected people of African descent across the globe. After her husband's death in 1940, Jacques Garvey emerged as a gifted organizer for the Pan-African cause. Although she faced considerable male chauvinism, she persisted in creating a distinctive feminist voice within the movement. In her final decades, Jacques Garvey constructed a thriving network of Pan-African contacts, including Nnamdi Azikiwe, Kwame Nkrumah, George Padmore, and W. E. B. Du Bois. Taylor examines the many roles Jacques

Garvey played throughout her life, as feminist, black nationalist, journalist, daughter, mother, and wife. Tracing her political and intellectual evolution, the book illuminates the leadership and enduring influence of this remarkable activist.

Encyclopedia of Medical Anthropology

Health and Illness in the World's Cultures Topics - Volume 1; Cultures -

Springer Science & Business Media Medical practitioners and the ordinary citizen are becoming more aware that we need to understand cultural variation in medical belief and practice. The more we know how health and disease are managed in different cultures, the more we can recognize what is "culture bound" in our own medical belief and practice. The Encyclopedia of Medical Anthropology is unique because it is the first reference work to describe the cultural practices relevant to health in the world's cultures and to provide an overview of important topics in medical anthropology. No other single reference work comes close to matching the depth and breadth of information on the varying cultural background of health and illness around the world. More than 100 experts - anthropologists and other social scientists - have contributed their firsthand experience of medical cultures from around the world.

Techniques of Grief Therapy

Creative Practices for Counseling the Bereaved

Routledge Techniques of Grief Therapy is an indispensable guidebook to the most inventive and inspirational interventions in grief and bereavement counseling and therapy. Individually, each technique emphasizes creativity and practicality. As a whole, they capture the richness of practices in the field and the innovative approaches that clinicians in diverse settings have developed, in some cases over decades, to effectively address the needs of the

bereaved. New professionals and seasoned clinicians will find dozens of ideas that are ready to implement and are packed with useful features, including: Careful discussion of the therapeutic relationship that provides a "container" for specific procedures An intuitive, thematic organization that makes it easy to find the right technique for a particular situation Detailed explanations of when to use (and when not to use) particular techniques Expert guidance on implementing each technique and tips on avoiding common pitfalls Sample worksheets and activities for use in session and as homework assignments Illustrative case studies and transcripts Recommended readings to learn more about theory, research and practice associated with each technique

Parent Grief

Narratives of Loss and Relationship

Routledge Explores what couple and individual stories say and do not say about the child's dying and death and about parent grief. The author uses narratives as his tool for the introduction and exploration of the many facets of parental grief.

Death, Society and Human Experience (1-download)

Routledge Providing an understanding of the relationship with death, both as an individual and as a member of society. This book is intended to contribute to your understanding of your relationship with death, both as an individual and as a member of society. Kastenbaum shows how individual and societal attitudes influence both how and when we die and how we live and deal with the knowledge of death and loss. Robert Kastenbaum is a renowned scholar who developed one of the world's first death education courses and introduced the first text for this market. This landmark text draws on contributions from the social and behavioral sciences as well as the humanities, such as history, religion, philosophy, literature, and the arts, to provide thorough coverage of understanding death and the dying process. Learning Goals Upon completing this book, readers should be able to: -Understand the relationship with death, both as an individual and as a member of society -See how social forces and events affect the length of our lives, how we grieve, and how we die -Learn how dying people are perceived and treated in our society and what can

be done to provide the best possible care -Master an understanding of continuing developments and challenges to hospice (palliative care). -Understand what is becoming of faith and doubt about an afterlife

Grief and Bereavement in the Adult Palliative Care Setting

Oxford University Press This book in Palliative Care is an evidence-based handbook which helps palliative care clinicians identify risk factors and contributing variables to the development of pathological grief reactions, implement treatment plans that can adequately minimize the impact of risk factors, and provide professional and specific support to patients and families.

Voices of Bereavement

A Casebook for Grief Counselors

Routledge Voices of Bereavement presents counselors with specific, sometimes unusual bereavement situations and their subsequent treatment. Joan Beder blends theoretical content with suggestions for intervention, helping the reader appreciate how theory informs practice. In addition, a section on counselor struggles focuses on what feelings were provoked in the counselor during each case and how these feelings were managed.

Aging Education in a Global Context

Routledge A selection of proceedings from the 2004 Association for Gerontology in Higher Education annual conference Aging Education in a Global Context is a carefully considered set of papers based on selected proceedings from the 2004 Association for Gerontology in Higher Education annual conference. Each forward-thinking presentation provides unique perspectives on teaching resources and education, presenting a wellspring of creative ideas for new and experienced teachers in gerontology and aging education. Respected educators present cutting-edge concepts and

effective strategies in gerontology curriculum development and cross-cultural perspectives for advancing gerontology as a field of study. Over the next twenty years, the world's aging population will increase dramatically, requiring increased attention to global aging issues. To prepare gerontologists around the world for future challenges, *Aging Education in a Global Context* provides educators with fresh viewpoints and practical information on which to base the latest teaching strategies. Each presentation provides a multitude of valuable ideas perfect for incorporating into aging education curriculums, such as how to use films and literature for teaching about aging, how to enfold global perspectives into aging courses, and how to avoid cross-cultural misunderstandings when teaching gerontology in a host country. This invaluable resource is extensively referenced. *Aging Education in a Global Context* examines aging education, issues, and ageism topics such as: the consequences of globalization for older people a course design incorporating cross-cultural, anthropological approaches to understanding aging an approach to teach about death and dying through the cross-cultural viewpoint of various religious faiths a study of fourteen international films that provides gerontologists with models of successful aging to pass on in coursework teaching cross-cultural aging using Chilean literary portrayals of elders the evolution and present state of gerontology education in Japan gerontology research and cooperative education in Kenya educating about community-based long-term care in China *Aging Education in a Global Context* presents a wealth of new ideas for all gerontology educators and educators addressing cross-cultural aging issues within discipline-based courses in sociology, social work, anthropology, public policy, and psychology.

Living Through Loss

Interventions Across the Life Span

Columbia University Press *Living Through Loss* provides a foundational identification of the many ways in which people experience loss over the life course, from childhood to old age. It examines the interventions most effective at each phase of life, combining theory, sound clinical practice, and empirical research with insights emerging from powerful accounts of personal experience. The authors emphasize that loss and grief are universal yet highly individualized. Loss comes in many forms and can include not only a loved one's death but also divorce, adoption, living with chronic illness, caregiving, retirement and relocation, or being abused, assaulted, or otherwise traumatized. They approach

the topic from the perspective of the resilience model, which acknowledges people's capacity to find meaning in their losses and integrate grief into their lives. The book explores the varying roles of age, race, culture, sexual orientation, gender, and spirituality in responses to loss. Presenting a variety of models, approaches, and resources, *Living Through Loss* offers invaluable lessons that can be applied in any practice setting by a wide range of human service and health care professionals. This second edition features new and expanded content on diversity and trauma, including discussions of gun violence, police brutality, suicide, and an added focus on systemic racism.

Grieving Beyond Gender

Understanding the Ways Men and Women Mourn, Revised Edition

Routledge *Grieving Beyond Gender: Understanding the Ways Men and Women Mourn* is a revision of *Men Don't Cry, Women Do: Transcending Gender Stereotypes of Grief*. In this work, Doka and Martin elaborate on their conceptual model of "styles or patterns of grieving" - a model that has generated both research and acceptance since the publication of the first edition in 1999. In that book, as well as in this revision, Doka and Martin explore the different ways that individuals grieve, noting that gender is only one factor that affects an individual's style or pattern of grief. The book differentiates intuitive grievers, where the pattern is more affective, from instrumental grievers, who grieve in a more cognitive and behavioral way, while noting other patterns that might be more blended or dissonant. The model is firmly grounded in social science theory and research. A particular strength of the work is the emphasis placed on the clinical implications of the model on the ways that different types of grievers might best be supported through individual counseling or group support.

The Art of Grief

The Use of Expressive Arts in a Grief Support Group

Routledge Art and other expressive therapies are increasingly used in grief counseling, not only among children and adolescents, but throughout the developmental spectrum. Creative activities are commonly used in group and individual psychotherapy programs, but it is only relatively recently that these expressive modalities have been employed within the context of clinical grief work in structured settings. These forms of nonverbal communication are often more natural ways to express thoughts and feelings that are difficult to discuss, particularly when it comes to issues surrounding grief and loss. Packed with pictures and instructional detail, this book includes an eight-session curriculum for use with grief support groups as well as alternative modalities of grief art therapy.

Working with the Bereaved

Multiple Lenses on Loss and Mourning

Routledge Working With the Bereaved summarizes the major themes in bereavement research and clinical work and uses the authors' own cutting-edge research to show mental-health practitioners how to integrate these themes into their practice. It provides clinicians with a framework for exploring their own emotional and intellectual assumptions about loss and bereavement, and it goes on to summarize state-of-the-art thinking in the field. The heart of the book focuses on the theoretical and clinical implications of the empirically validated Two-Track Model of Bereavement, as well as a variety of therapeutic techniques designed to help the bereaved both reapproach life and manage their continuing bonds with the deceased. The later chapters examine methods for integrating systems and family perspectives in therapy, for attending to the implications of culture and religion, and for meeting crises and emergencies in bereavement care. The concluding chapter addresses self-care, well-being, and resilience, offering practical guidelines for both the bereaved and those who treat them.

Handbook of Social Justice in Loss and Grief

Exploring Diversity, Equity, and Inclusion

Routledge The Handbook of Social Justice in Loss and Grief is a scholarly work of social criticism, richly grounded in personal experience, evocative case studies, and current multicultural and sociocultural theories and research. It is also consistently practical and reflective, challenging readers to think through responses to ethically complex scenarios in which social justice is undermined by radically uneven opportunity structures, hierarchies of voice and privilege, personal and professional power, and unconscious assumptions, at the very junctures when people are most vulnerable—at points of serious illness, confrontation with end-of-life decision making, and in the throes of grief and bereavement. Harris and Bordere give the reader an active and engaged take on the field, enticing readers to interrogate their own assumptions and practices while increasing, chapter after chapter, their cultural literacy regarding important groups and contexts. The Handbook of Social Justice in Loss and Grief deeply and uniquely addresses a hot topic in the helping professions and social sciences and does so with uncommon readability.

Helping Grieving People

A Handbook for Care Providers

Routledge Helping Grieving People is a training manual for care providers who will provide support and counseling to those grieving death, illness, and other losses. The author addresses grief as it affects a variety of relationships and discusses different intervention and support strategies, always cognizant of individual and cultural differences in the expression and treatment of grief. Jeffreys has established a practical approach to preparing trainee caregivers through three basic tracks: Heart, Head and Hand. The first step, Heart, calls for self discovery, freeing oneself of accumulated loss in order to focus all attention on the griever. Head emphasizes understanding the complex and dynamic phenomena of human grief. Hand stresses the caregiver's actual intervention, and speaks to the appropriate level of skill as well as the various methods of healing available. Following these three motifs, the Handbook discusses

the social and cultural contexts of grief as well as its psychological constructs.

Death, Society, and Human Experience

Routledge Providing an overview of the myriad ways that we are touched by death and dying, both as an individual and as a member of society, this book will help readers understand our relationship with death. Kastenbaum and Moreman show how various ways that individual and societal attitudes influence both how and when we die and how we live and deal with the knowledge of death and loss. This landmark text draws on contributions from the social and behavioral sciences as well as the humanities, such as history, religion, philosophy, literature, and the arts, to provide thorough coverage of understanding death and the dying process. *Death, Society, and Human Experience* was originally written by Robert Kastenbaum, a renowned scholar who developed one of the world's first death education courses. Christopher Moreman, who has worked in the field of death studies for almost two decades specializing in afterlife beliefs and experiences, has updated this edition.